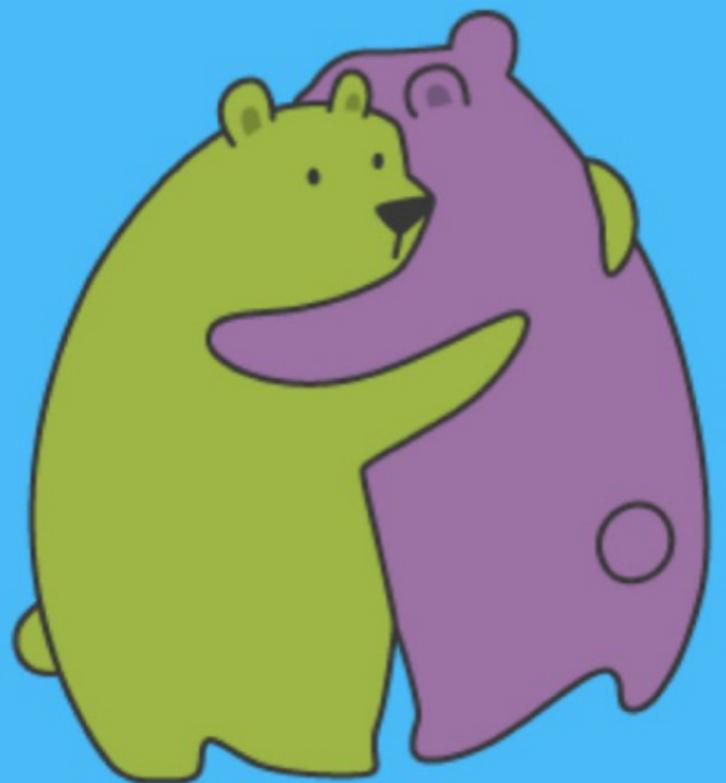


Thank
you!

Dear Hero,

Thank you for all your extremely amazing work you have done so far! Everyone is so thankful every single day that we have people like you in this world helping and making it a better place! This is a difficult and unsure time yet you continue to stay steadfast in your hard work! You are a inspiration to all and you constantly keep showing everyone that!

Thank for all you done,
Emma

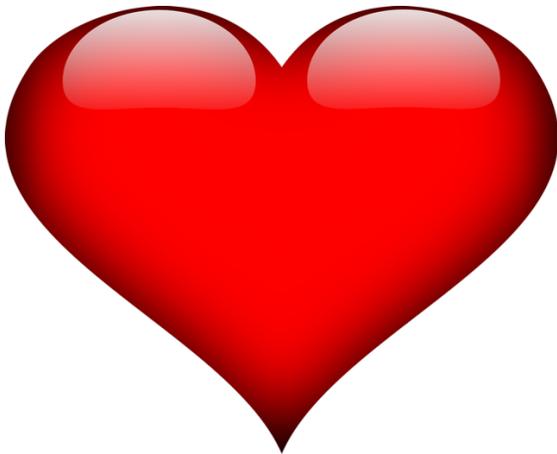


HUGS

Dear, Medical community

We are here for you as you are risking your lives to save so many more people during this hard time. Thank you for everything you are doing right now as you are risking sleep, family, and you all's everyday lives in order to change the world and help those in need as they are on the verge of dying or very hurt. We just want to let you know that we support you and really appreciate all for doing this even though all could be doing something different right now like being with your families but just staying strong and wanting to accomplish this big goal right now but we just to say thank you and we really appreciate everything you guys are doing right now to help the world.

Sincerely, EHS student



*Thank
You*

Dear Doctor or Nurse,

I wanted to take the time to thank you. Amidst everything happening right now in our daily lives, you are still working. You are still working so hard to protect your patients and protect us. It takes a tremendous amount of courage to go into work and continue to be determined and pursue your goals when a world pandemic is occurring. I know that I personally am very anxious about everything and am ready for it to go back to normal. I want to be in the medical field when I am older so seeing the immense effect doctors and nurses have had on everything is such an amazing experience. I do not personally know you, but I know that you are working your hardest and trying your best to help in any way possible. So once again, THANK YOU for being the best and stepping up to be a leader in this great time of need. Prayers to you and your family!

Best,

Brennan

Dear Hero,

For the work you do, and the bliss you bring.

How you draw us through, on your saving wing.

Keep us safe and sound, 'till the morning sings.

I won't hit the ground, if you keep my things.

Don't regret your choice, serve long and hard.

Hear the calming voice, in your warm regard.

Do not dismiss, on the safer bank.

For all of this, I humbly thank.

Thank you,

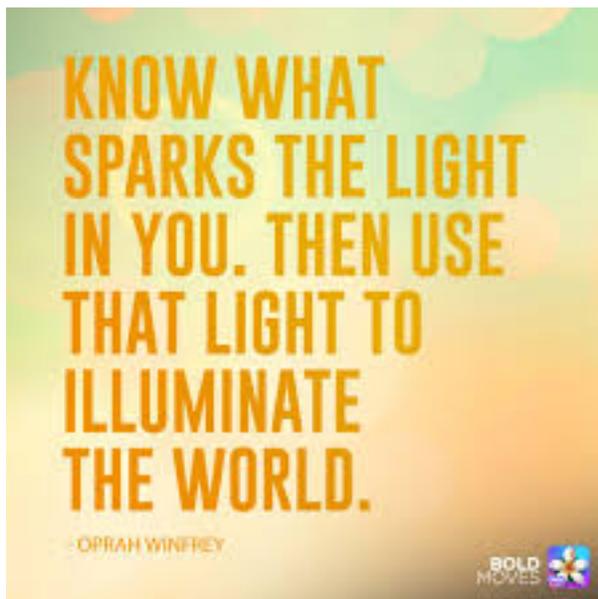
Zoë

Hi,

My name is Natalie and I am a senior in High School. I am writing to you today to tell you how much I appreciate what you are contributing to society and the world. You are a role model for so many people including myself. Dedicating yourself in service of others is one of the most important aspects of life. Thank you for making a change. There is a quote “Helping one person might not change the whole world, but it could change the world for one person.” This is something I like to live by even during the little moment’s life brings us.

Thank you for all that you do,

Natalie



To the healthcare worker reading this,

Your actions do not go unnoticed and the everyday person really appreciates what you are doing. Facing the unknown, and the selflessness it takes to do a job like yours, takes a lot of courage and shows just how much you care. You are an everyday hero to those you treat, but also to those like me who see how much effort and grace goes into a job like yours – it is inspiring.

Thank you for risking your own health for us and working tirelessly to keep us safe and comforted in times like these. No letter or speech could capture the amount of gratitude all of us have for you.

Looking through pictures and reading bible verses often make me a little less stressed and lightens the mood, so I thought I would add some of my favorites.



“Tears are prayers too. They travel to God when we can’t speak.”

Psalm 56:8



“Even though I walk through the darkest valley, I will fear no evil, for you are with me”

Psalm 23:4

Hannah

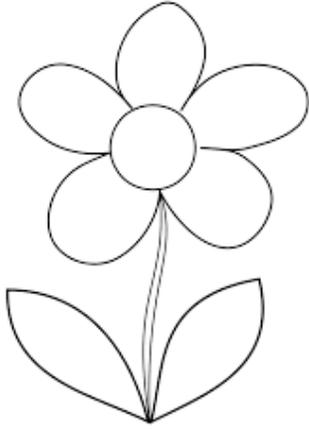
Hi,

My name is Natalie, I am a senior in high school. I am writing to you today to let you know how much your work is appreciated. You are doing so much, and so many people look up to you as a leader as well as myself. Thank you for all that you do. To make a difference in one person's life is to make a difference in the world. Mother nature is so powerful and resilient. Apprehending her strength is not an easy task. Your work becomes a dance: tango, salsa or tap, with every turn mother nature makes. It takes you to a place to find within yourself, mind and brain, if you can capture it and create a new barrier for her to overcome. It is hard to battle with the home that nourishes our existence, but it is necessary. So, to expand on the quote below, in order for her to give us the rainbow, we must battle with the rain. Thank you!

Best,

Natalie

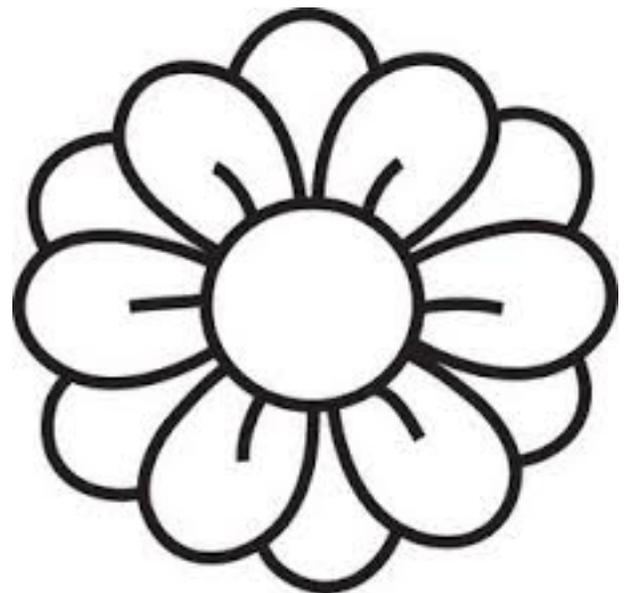




Dear doctors and nurses,

Thank you all so much for everything you are doing for our community. We are all incredibly blessed that you are all so caring and compassionate. Thank you for your hard work and dedication!

-Laney



Dear Medical Community,

Thank you so much for doing everything you can to treat the patients with COVID-19.

The Houston community is so blessed to have such an amazing **medical team** and I am so thankful for everything y'all do. The virus would be an even bigger beast if it wasn't for all the time and effort that y'all have put in and I appreciate the urgent and serious response that the **medical community** has to the virus. I can't even imagine all the late-nights that the **doctors, nurses, and first-responders** have been through.

Thank you once again for everything!

An EHS senior

THANK YOU FOR INSPIRING US---APRIL 2020

Dear hero,

I wanted to write you a letter expressing my gratitude for being at the front lines saving people's lives. I have so much respect for what you do. What you are doing is really making a difference and the fact that you still go to work during our current climate is truly an inspiration to me and so many others.

Lots of love,

Episcopal Senior

Thank you for putting your life on the line for others. All of your hard work is what is keeping America alive. It is appreciated more than you'll ever know. Remember to stay strong because we couldn't do it do it without you.

Thank you to all those in healthcare,

Emma

Hey guys,

I just want to say thank you for all of your hard work and determination to treat patients. It means a lot to us, especially since none of us have the skill or courage to do what you guys are doing. Constantly treating patients in a time like this shows what kind of caring, helping, and outstanding leaders you are.

Thank you!
EHS Senior

Dear Doctors and Nurses,

Thank you so much for working so hard for everyone in the world right now during this crazy time! We really need the best workers to help us get through this, and y'all waking up every day to risk y'all's lives for us is just amazing to me. As a young 18-year-old girl going to college next year, hoping to pursue nursing, I really look up to each of y'all and how selfless y'all are. Y'all are so positive and encouraging to everyone staying at home so that we can get back to normal as fast as we can. Without y'all, we would be confused and scared. I cannot thank you enough because without each one of you, we don't know where we would be right now.

Thank you SOOOOO MUCH!!!!

- Shannon

Positive Affirmations from Shelby

- "You are Enough"
- "Don't second guess yourself. Trust yourself and believe in yourself."
- "Your flaws aren't flaws! They are just bigger beauty marks, so let them shine."
- "Love everything about you, because there is only one of you in this life. It is better to live in love and laughter than fear and pain."
- "I love you."

3.20.20

Dear Doctors, Nurses, and the entire medical community,

THANK YOU!

We know y'all have been so incredibly busy and working non-stop. This is such an odd and stressful time in the world and I cannot even imagine how worn y'all must feel. Please know, the world is on your side and we appreciate everything you do and all the time y'all have spent working and fighting this virus. If you get a chance, listen to the song "Ooh Child" by the Five Stairsteps. It is something that always brings me a little comfort in difficult situations. Once again, from the bottom of my heart, Thank You! Thank you for making our world a better place. We appreciate y'all ♥

Much love,
your biggest supporter

**Thank you
for
everything
you do!
God is with
you!**

-EHS Community

John F. Kennedy said, “When written in Chinese, the word ‘crisis’ is composed of two characters. One represents danger and the other represents opportunity.” The way we respond to crisis reveals our true character: will we be selfish, or selfless? Careless or compassionate? We have the opportunity to recognize our true heroes. Selflessness, compassion, determination – seeing these qualities among our doctors invoke a great sense of gratitude. Our community relies so heavily on you all, and it is necessary that you all receive a proper expression of gratitude.

Thank you for being selfless. For being compassionate. For being determined to restore safety and peace. It goes beyond science and medicine. It is more than that. It is the dedication and responsibility that you all so graciously fulfill. We are so blessed to have such an amazing team that has our backs. Our trust and our confidence in our doctors are a mere reflection of the safety and protection that you all allow us to feel. No words can express gratitude, and no expression of gratitude can account for everything that you all have done for us. We are so incredibly lucky to have this team behind us. Know that you all are true heroes, and know that it has not gone unrecognized.

Thank you for all that you do,

Alexandra

Dear whoever is reading this, in between saving others $\hat{=}$ sacrificing your time/health,

Thank you so much. Your work does not go unnoticed, especially by my school. This time is crazy $\hat{=}$ scary to everyone, but you decided to fight and help others fight. I can't even imagine what your day entails, but I'm so proud of you. I'm a highschool senior who is supposed to graduate in May, and through the confusion $\hat{=}$ disappointment of some senior traditions being cancelled, thinking of your hardwork $\hat{=}$ commitment reminds me of the good in the world. Thank you for waking up and choosing to make an impact and for choosing to be a hero. (I know "hero" sounds kinda cheesy, but it's true). I hope you are making time for yourself too and trying to get some sleep, I imagine it's difficult to do that, but you deserve it. Everyone else owes you a "thank you," but for what it's worth, here is mine. I hope this letter finds you when you need it, and that you know you are appreciated! I'm praying for you.

sincerely,

Ruby - \heartsuit -

Dear Doctors and Nurses,

Thank you so much for everything you all are doing during this global pandemic. The will to risk your lives for the greater good of people around the world and to heal the people in front of you shows true dedication and good character. Although times are rough right now, everyone is trying to see the light at the end of the tunnel and you all are helping us get to that light faster. It is not an easy task to have the responsibility of people's lives on your hands, so thank you for dedicating your time to this cause.

Thank you for all you do,

Lindsey

Letter to Healthcare Workers

Thank you so much for everything that you do for us and our security. Your risks and sacrifices are what allow us to live happy and healthy. I couldn't be more grateful for all that you do, not only to tackle this virus but to keep people breathing and smiling every day you go into work. You truly are our real-life superheroes. Thank you for your inspirational and admirable actions.

-Paige

THANK YOU

HAPPY NATIONAL DOCTORS DAY! I WOULD LIKE TO THANK ALL THOSE IN THE MEDICAL FIELD WORKING AROUND THE CLOCK TO HELP PATIENTS, ESPECIALLY DURING THIS TIME. YOUR CONSTANT WORK IS CRUCIAL AND VERY REASSURING RIGHT NOW. IF IT WEREN'T FOR YOU GUYS, THE WORLD WOULD BE CHAOTIC, AND I WOULDN'T BE ABLE TO STAND IT-I'M ALREADY STRUGGLING AS IT IS. THIS LETTER IS JUST ME LETTING YOU KNOW HOW VALUABLE YOUR WORK IS AND HOW APPRECIATED IT IS. THANK YOU!

Hello there!

You are strong! You are brave! We have your backs in these trying times (from a respectable distance of 6ft apart) and here to lift you up when you need it. You do incredible work every single day, so keep it up.

-Kit

"Every day may not be good, but there is something good in every day." -
Alice Morse Earle

March 30, 2020

DEAR

First responders, doctors, and nurses,

There are no words which can explain just how lucky the world is to have people like you all on its Earth, especially at a time like this.

These are really hard times. I'm an 18 year old high school student, you don't need to hear it from me to know how hard things are. You all fight for us everyday on the front lines.

While these times are putting an incredible strain on our resources and manpower, we all have an amazing opportunity to ~~now~~ embrace our humanitarian sides which sometimes get lost in the busy society we live in.

So many people have already started to give back through donations of money, medical equipment, and services.

No, this fight is not getting any easier.

But hopefully, with the help of our fellow humanity, we can do our best in supporting people like **YOU**, who continue risking their lives and wellbeing for the good of others.

From the bottom of my heart

THANK YOU

Nicole

To The Medical Community,

I am writing to you today a letter of cheer, support, and encouragement for all that you do to help aid the sick during this difficult time in the world. On an everyday basis, I look up to you and all the hard hours of work you put in to help protect our city and the greater Houston area from different sicknesses. Working at the Houston Medical Center is definitely not an easy job, and each of you are not given enough credit for all that you do. Therefore, I want to personally thank you all for what you are doing for us and how much your work means to us. Thank you for working long and hard hours, thank you for putting others in front of yourself, thank you for your patience, thank you for staying positive throughout it all, and thank you for all your love and commitment. You are truly appreciated and your work is not going unacknowledged!!!

With Love,

Avery

WE



YOU!!

Thank you for your drive to keep the world safe. Thank you for having the courage to fight covid-19 and keeping the people of the world as safe as possible. We are all very grateful for you and your fellow nurses and doctors. I know it must be scary going into work every day, but I hope now that you know the world is behind you it makes it a little bit better. You are a hero!

Thank You,

Alex

Thanks for everything
y'all have been doing
during this time! Every
single one of y'all are true
heroes! I'll be praying for
y'alls health and safety.
Thanks again!

- Garrett

Thank you.

When we are little, we look up to the people that save the day. A lot of the time, those people had superpowers and capes, and saved the city from an absurd villain with a vendetta. Here's the thing, the comic superheroes might be pretend, but real-life superheroes are not. You are a superhero, saving strangers left and right. All you're missing is your cape. I want to thank you, on behalf of the city, the state, and even the country, for being great and making people feel safe and taken care of.

Hello, my name is Marshall, and I am 16 years old writing from Houston, Texas. I know times get tough and it gets hard, but the thing that really defines a person is your resiliency and fight. Nothing in life is given, everything is earned, and we must push through and remain strong, no matter how hard it may get. A great quote about this is “We may not choose our circumstances, but we do choose our attitude and our response” – Unknown. Everyone must apply this to their life in some way, and we owe it to ourselves to fight back and be resilient because things will get better. I hope this letter helped.

Best of Luck

Marshall

“The best way to find yourself is to lose yourself in the service of others” – Gandhi

I believe this quote is true in all aspects of life. My coach likes to tell me that you should always strive for your best, because somewhere out there, there is a little girl looking up to you, and you are her role model. I know that it may not seem that way right now, but there are so many people looking up to you and what greatness you are doing for the world. Even on your hardest days, there is still someone who idolizes you for their role model. Thank you for making a difference in the world. You are living your life in service to others. I look up to you and so do so many others!!

Sincerely,

Natalie



Dear Hero,

Ever since I was little, I always believed my mother was the biggest Superhero in the world. Superhero's had battles they'd lost and so did my mom but, in the end, Hero's did everything out of the pure love sitting inside their hearts. Whether that had been saving me from

bullies because

protect myself

in my place

cocky in

mother has

defending me

do her heroic

will not be able

she wishes but,

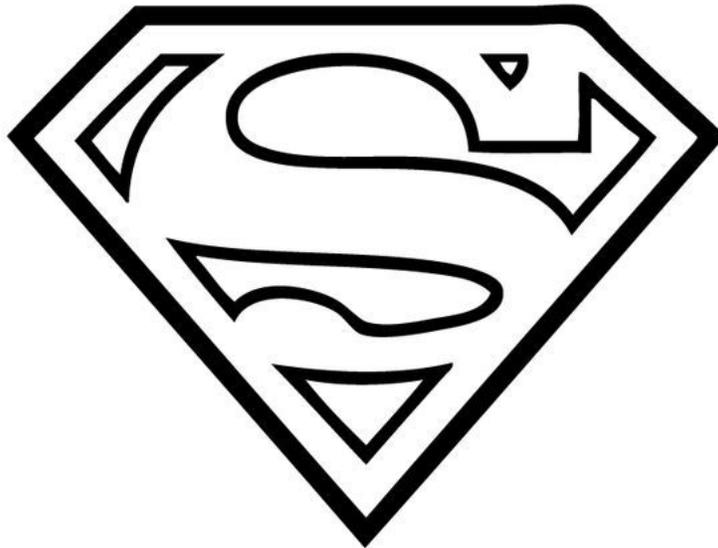
with all of her

my heart I still

will always be

know you,

Superhero of the world. Saving the lives of many so they can return home and become a hero to another. I appreciate all you do too, and yet you do none of it for recognition but rather because of the pure love sitting inside your heart. I could never fully show how grateful I am for you, but I hope this letter can show you a glimpse of my appreciation.



I was too small to

or putting me back

when I got too

middle school. My

stood by my side

but, as I grow so

deeds. Soon, she

to protect me as

will continue to try

love. While deep in

know my mother

my protector I

Hero, are the real

Thank you, Leana

Dear Doctors and Nurses,

I want to thank you for all you have done during this crisis. All the long hours you have put in that could have been spent with family is very appreciated. The selflessness you all are showing is inspiring as you put your own well-being at risk for the good of others. Keep pushing and doing the best you can! God Bless you through these battles!

Sincerely,

D'Avian

To Whom It May Concern:

THANK YOU!! Thank you so much for everything you have done the past months. People everywhere are so grateful that we have such **smart and motivated** people LIKE YOU taking care of us!! Nothing you do goes without notice, and the **Episcopal High School community** is so thankful to have such great medical care that YOU give us. Please continue to be our **superheroes** in such a dark time in the world!! Thank you again for being fearless☺

Sincerely,
The EHS Community

Dear Houston doctors and nurses,

Thank you so much for your contribution to help end this pandemic around the world and especially in our hometown. From all of us at Episcopal High School, thank you--we appreciate for your hard work and your love to help people get better. This world would be a different place without all the doctors and nurses. Thank you for risking your lives to help save someone else's. While the rest of us are self-quarantining, you take time to serve the ones in need. We pray that you can soon go home to your families and enjoy normal life again. Your fight against the virus inspires us to help do our part at home. Thank you for encouraging us to stay safe and stay healthy. Thank you for your commitment and courage.

From,
Lane

Dear Houston doctors,

Thank you so much for all you have done to help with the COVID-19 outbreak. It takes a lot of effort and time to be a doctor during this pandemic. Thank you for taking time away from your families and lives to help flatten the curve and help lower the number of deaths. Thank you for contributing to the rising numbers of the people who have recovered during this time. I know it is very scary to be involved in the hospitals, but everyone around the world appreciates your work ethic and determination to help end this. We acknowledge the risks you are taking and can't express how grateful we are that you are helping society to get back to normal. Without the doctors and nurses, the world would be in a worse place. The doctors and nurses are all heroes and we couldn't tackle this pandemic without YOU.

From,
Lane

THANK YOU!

Thank you so much for all you are doing for everyone in the Houston community. I am so grateful for how all the healthcare workers are working to protect our public health and save lives. Knowing that there are people who would work so hard in order to help all of us in Houston makes me a little less afraid during these hard times.

Thank you for all that you do- Samantha

THANK YOU!

THANK
YOU!

-Nina

Dear Doctors and Nurses,

I want to first say thank you for putting your life in danger every single day for our health. Y'all are all very strong people who I know work extremely long hours in order to help the people in need. Even though y'all don't have the ability to stay at home all day like most of us do, I know y'all are doing what y'all love even through this difficult time which brings me comfort. Although there isn't a vaccine yet made for COVID-19, I know the positivity and joyfulness y'all give to the patients y'all encounter each day makes their day 1000x better. I hope y'all stay safe during this crazy time and hopefully get some rest sometime soon!

Thanks for all y'all do,

Reagan

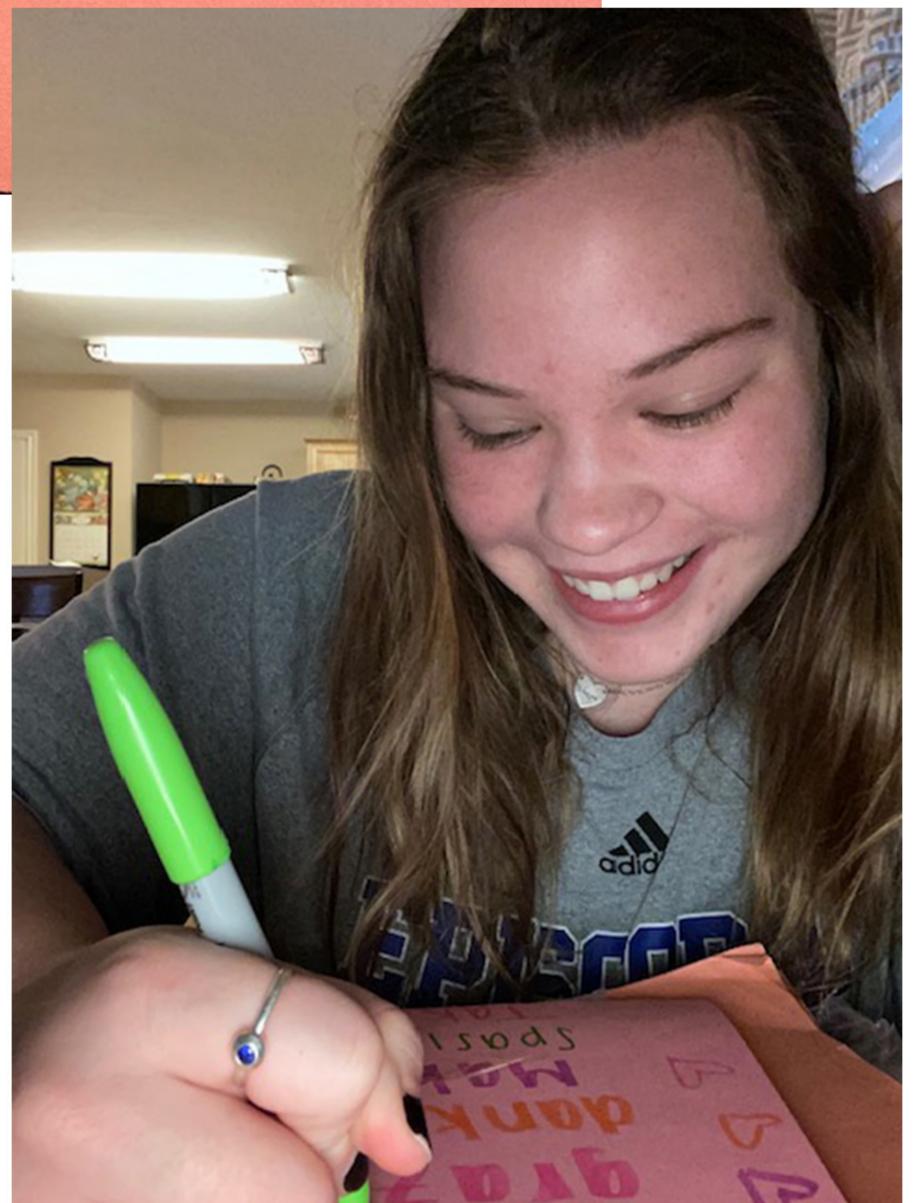
Dear Houston heroes,

Nina Simone said one time that “there's no excuse for the young people not knowing who the heroes and heroines are or were,” so let me take the time to recognize y'all for being the world's heroes. Y'all are also heroes for the millions of people in the city of Houston who y'all are taking care of and risking your own life to make sure we feel our best and so that we can see this virus off. I want to thank you for bearing those long all day shifts always on your feet, making sure that everyone is doing ok. Also thank you for your families for allowing you to come work and I will keep them as well as y'all in all our prayers wishing y'all the best. Thank you for everything and God Bless.

Thank you
DJ



thank you ♡
gracias ♡
Merci BEAUCOUP ♡
grazie ♡
danke sehr ♡
Mahalo ♡
Spasiba ♡
TAKK



Dear Doctors.

Thank you for being the leaders of tomorrow.
Thank you for risking your health and giving
your time, to perfect strangers in need of your
help.

**“The noblest art is that of making others
happy” - P.T. Barnum.**

Thank you for making the world a better place.
Thank you for making people happy and better.
Thank you for working hard every day.

Dear Hero,

Thank you for your service to the community. Your work is greatly valued and appreciated. Though times are hard, and life tries us unrelentingly, you stay with those in need and continue to persevere through thick and thin.

Thank you,

Zoë



“When you feel like quitting, think about why you started.”

To: A Lifesaver

I just want to start by saying thank you so much for your **hard work** and **dedication**. I understand that you've probably worked extremely **long hours** treating patients and I really appreciate you and **your selfless actions**. It's hard for people to recognize **the effort** you put in everyday and how **exhausted** you must be, so thank you. Your mental and physical **strength** is awe-inspiring, and I know that your job is far from easy. Thank you for taking such **good care** of people in our society. Thank you for **taking time away** from your sleep to work. Thank you for **giving us hope** that everything will be alright and that we can get through this epidemic. You are a **lifesaver**.

Thank you!

Bryana

THANK YOU....



“Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset.” - Saint Francis of Sales

To: A Superhero

I know your workload must be hectic nowadays and I'm grateful that you're even taking the time out of your busy day to even read this. I just wanted to say a quick thank you for all of the hard work and dedication that you are putting forth to help people. Thank you for healing the sick and taking care of those in our society. I know that it must be hard, and the average human would not be able to do that. My only conclusion is that you are a superhero. Your selflessness and consistency with helping those who are ill is absolutely incredible. I know restless nights and everlasting days are common, but please don't forget to take care of your needs. Thank you so much for everything you do to help.

Thank you!

Bryana

Yoda Best 💙



To: someone very important

Dear **HERO**,

I cannot **thank you** enough for the hard work you have put in.

I cannot even begin to imagine the stress, mental and physical, that you are experiencing.

I just want you to know that it is appreciated, and everyone is so thankful and grateful.

I am a high school senior and stressed with simple things like college and homework.

You, on the other hand, are stressed with **saving lives**.

The amount of respect we as a community have for you is **unmatchable**.

I don't think anything we can do will ever be enough to thank you and your team for the

hard work you have all been doing.

All day, no rest, no food, no sleep.

I do not know if there is another word-one bigger than "thank you"-but I wish there was.

We admire you. You are truly an inspiration and we would be lost without you.

So, thank you.

From: a high school senior, Chandler

To the Medical Community,

We are thankful for your work in the field. I pray that you all will stay safe and fight off this disease. I know that you have families to come home to, but some of you have been separated from them. This takes true strength to separate yourself from family and friends for a greater need. I pray that you will stay safe and remain healthy. Your medical journey is very rigorous and hard right now and is not something a lot of people would be able to do. The talents that you have are inspirational and are very much needed right now. The knowledge and skill that you hold will save lives!

From,

A loving student

Thank You

Why must I say thank you?

When you are doing the most, a human can possibly do for others: HELP
Your altruism may seem noticeable from those around you but know you are loved by many.

Know that what you are doing should be a normality but unfortunately isn't.

No matter how big or how small, it's a positive, nonetheless.

Sacrificing time with your family to save the lives of others is no easy task.

I can sit here behind a keyboard and tell you how amazing you are.

However, deep down inside you have already reaped the rewards from above.

And there is potentially nothing I can say to make you feel otherwise.

Yet, let the comfort of my words lead you to spark motivation in times of despair.

In moments in which you are weak and exhausted, think of my faceless image.

Believe in your gifts for which you resemble them as a person entirely.

Appreciate the position you are in amidst all the chaos.

You matter most to those you don't even know.

Let that sink...

I love you and I don't even know you, but imagine if I did :)

Dani

Dear First Responders,

Thank you for all your service to keep your community safe! I cannot think of enough words to say thank you for putting yourself out in the world to keep others safe. With my mom working in a doctors office, I am a bit nervous with the virus, but y'all seem fearless. I know y'all probably have a million thoughts running through your head, but know you are a huge inspiration to everyone, and we appreciate your service.

Sincerely,

EHS Seniors Class of 2020

Dear Nurses and Doctor,

We as a community are so grateful for your sacrifice and hard work in order to care for people each and every day during these hard times. As the son of a nurse, I understand the stress that you carry every day at work, but your perseverance and love for people makes you go show up. Thank you for being the leader in these tough times and taking the necessary precautions to keep us (civilians) safe.

J



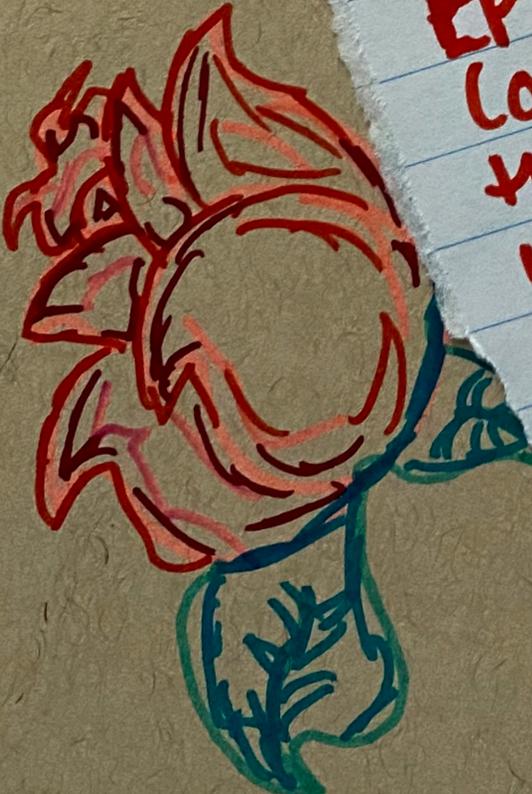
Thank you

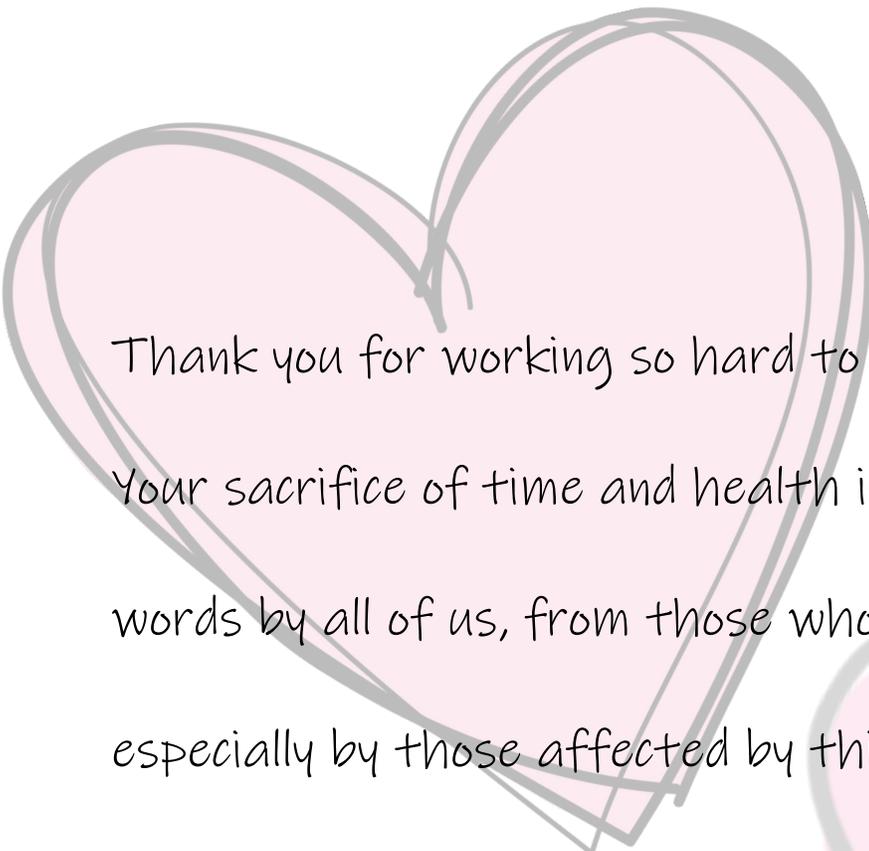
Thank you so much
for all you have been
doing for our community.

Risking your well being
for our safety is so
beyond selfless and we
can't thank you enough

So on behalf of the
Episcopal High School
community we not only
thank you but wish
you the best in the weeks
to come

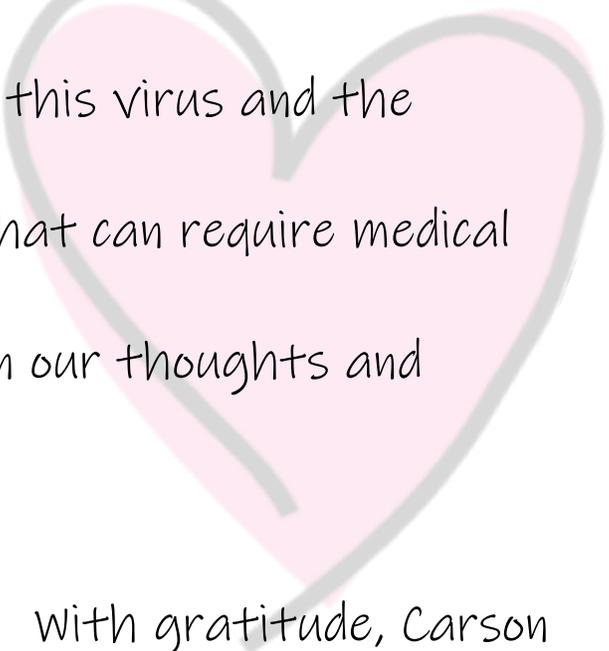
Love,
Sarah P ♡





Thank you for working so hard to keep all of us safe.

Your sacrifice of time and health is appreciated beyond words by all of us, from those who are well and especially by those affected by this virus and the thousands of other problems that can require medical care. My family is keeping you in our thoughts and prayers always.



With gratitude, Carson

Thank you so much for working during this hard time. Most people don't work in a place where they are exposed to dangers and risks—you are brave! I appreciate your commitment and courage to keep everybody safe. "Not all heroes wear capes". You are an inspiration to us all!! 😊



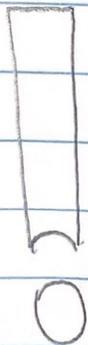
YOU

are

STRONG

determined

Be Hopeful



Thank You For Your Support!

Dear Dr. Larkin,

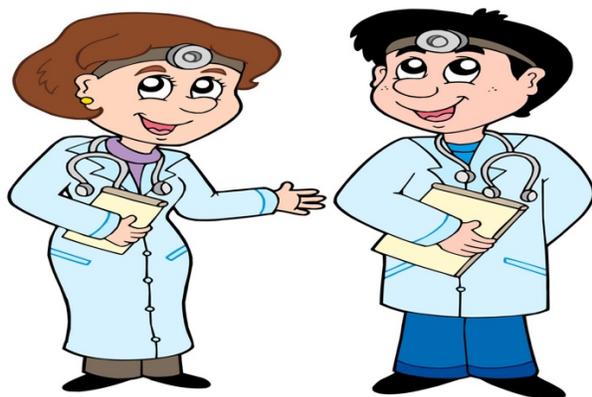
I would like to thank you for all of your efforts and support during this time of tragedy. Without you and the team you work with, people wouldn't get the support and care that they so desperately need. You are truly a hero! Thank you again for everything you do and putting your life at risk in order to take care of others.

Sincerely,
Allie

To Our Heroes,

I just wanted to thank you guys, for putting your life on the line every day. I know this is a very scary and emotional time, but the bravery you all show is unmatched. Without you guys, there would be no one to protect the public. With this virus spreading very fast, everything is so unpredictable which causes everyone to be on edge, but not you guys. Well, if you are you don't necessarily show it. It is very brave of you to leave the comfort of your own home and go out to take care of other sick people that you don't even know. What you are doing is extremely incredible, and I just want to say thank you from the bottom of my heart. I know it may feel as if there is no one that cares about you but your family, but that isn't the case at all. We are all here for you, and we all support you. I hope that you all continue to stay safe, and healthy because we need you more than ever right now. Again, thank you for your service as you continue to make the world a better place.

-Lexi



Dear Hero,

Thank you for your work through these difficult times. When given the opportunity to help others, you have taken it. Without you, many people wouldn't have the treatment they need. Know that you are valued and loved for all that you are and all that you do.

Thank you,

Zoë



Thank You

Dear Health Workers,

Thank you for all that you do and have been doing during this time of crisis. Because of you all we are where we are today. Continue to take down covid-19 as we know you can do it. Once again thank you, stay strong and healthy!

Sincerely,
Episcopal High School

Hi,

My name is Natalie, I am a senior in high school. I am writing to you today to let you know how much your work is appreciated. You are doing so much, and so many people look up to you as a leader as well as myself. Thank you for all that you do. To make a difference in one person's life is to make a difference in the world. Mother nature is so powerful and resilient. Apprehending her strength is not an easy task. Your work becomes a dance: tango, salsa or tap, with every turn mother nature makes. It takes you to a place inside yourself. Dance on—don't give up. Thank you!

Best,
Natalie

Dear Doctors & Nurses,

Thank you so much for all of the hard work and time you put into your work every day. I know that I appreciate all of your hard work and so do the patients that you take care of. During these difficult times you are the ones who are working the hardest make sure everyone is alive and healthy and not sick. Even though it might seem like a lot or too much work now, I know that you all can push through it and keep doing your best because you are so capable of it. Keep on working hard and saving lives. Thank you so much for being amazing.

- Gloria

To First Responders, Doctors, and Nurses,

Thank you so much for risking your lives, treating the people who have contracted the virus, and always doing your best to save others. Please continue to treat the ill, and we will continue to practice social distancing to slow the spread of COVID-1.

From your EHS Family,
Ka'Lyn

Dear Hero,

Even though times you have still managed to put yourself before others, so thank you. Putting yourself on the front lines of this deadly virus shows that you are selfless, compassionate, brave, and courageous. You deserve more appreciation than a simple letter, but I still want you to know how grateful I am for what you are doing for our country. Without doctors and nurses this pandemic would have no end and be much worse, so thank you. I appreciate all that you are doing and hope that you will continue to be brave and optimistic about this situation. Thank you so much for everything you have done and remember that we are praying for you and appreciate you.

Thank You!

Jessica

Dear nurses, doctors, and first responders:

Thank you for protecting our community by putting your own health at risk. The sacrifices you and your other colleagues have made for the betterment of our community is duly noted. My family and I and have nothing but respect for the time and work that you all put in. You make me and all the people around me feel safe you are a necessity. The importance of your job will only grow these coming months so I would just like to thank you for all the fine protecting.

Hopefully you will have time to rest. Most of all just keep up the great work that you all have already been doing.

Best regards,

George

Dear DOCTORS and NURSES in the medical
community,



Thank you so much
for taking care of patients in
need at this time. You have my
maximum respect, willing to
risk your lives everyday to
help those in need. We are
so blessed to have all of you!
Everyone of you is making a
difference. I am so thankful.
My prayers are with your
families and your health to
keep you well at this time.
YALL are so brave! Keep
up the amazing work!



, Angelina

Dear Doctor,

I know times have been tough with all of the Covid-19 cases spreading rapidly all over the globe, but I just wanted to reach out and say how thankful I am, as well as many people around the world, for your bravery and support throughout the pandemic. The front lines must be tough and heart breaking, but you are doing such a great job and most importantly your selfless action are keeping millions safe. Hopefully soon this virus will settle down and everything will go back to normal, but for now we must stay strong and keep fighting. Thank you so much for all the support, YOU ROCK

Sincerely,
Spencer

DEAR HERO, ♡

♡ Thank you
for everything you
are doing to help
others. Your ♡
selflessness is
truly inspiring!

♡ KAYCEE

Dear First Responder,

Okay, so you're automatically a legend/hero/pretty cool dude(ette) and you probably know that just from doing your job, whatever that may be. I have honestly no idea what most of your job entails, I'm just a random high school senior you don't know a thing about trying to get through the next couple months, but what I do know is that what you're doing isn't easy and it takes its toll on you and your family (duh). I bet you've had a lot of people thank you, and if not, I'm honored to be one of the first, or maybe you're tired of being thanked all the time and I'm just annoying you more, I sure don't know. Oh boy now I'm anxious. Whatever I'm just gonna keep going... uhhh... when you decided to be a doctor or paramedic or whatever specific job you hold, you may not have expected such a global catastrophe. Luckily for you, if there's anyone who's as much of an expert on catastrophe as you are on like, organs... or something... it's us high schoolers. Currently, we're all coping in a million ways, some better than others. More people than you think are shaving their heads or dying their hair. A few days ago, I biked 8 ½ miles just because being inside any more sounded miserable. Just do whatever *you* gotta do, fam. In times of chaos, nothing (legal) is off the table! Dream up books in your head or songs or poems, in a time when everyone's crazy, nobody can judge *you* for being a little crazy sometimes, too. But I wouldn't recommend shaving your head, unless you already do that.

I know it's tempting to push people away when you're tired and you just don't feel like you can manage it, but the people around you don't have to be a burden, so build a blanket fort and play cards with them. It's worth it. When I'm overwhelmed with school, I like to listen to indie music and dance, so maybe if you're overwhelmed with your job, dance with someone. Doesn't matter who. Even if it's your reflection, but the laws of physics would make that

difficult. I know that sounds weird but it didn't feel right to take it out. Seriously though, nobody can make you feel silly, or invalidated, or stupid, or embarrassed without your permission.

I'm not gonna spout some stuff at you about how surviving a bad time will ultimately make you stronger in the future, because that's not as important as making sure you're getting through the present right now. It's so important to take care of yourself more than just physically. Start a succulent garden or teach yourself to embroider or something else funky like that to keep your spirits high. Shadows are only possible if there's some kind of light nearby. And I may not know what that light is for you, but there's always a balance. Even if that light comes in the form of something small, like a burrito that smells *really* good or that this letter *really* got away from me.

-Some random EHS girl you'll probably never meet, and that's cool cuz she's still rooting for you anyways.

"Trouble on my left, trouble on my right
I been facing trouble almost all my life
My sweet love, won't you pull me through?
Everywhere I look I catch a glimpse of you"
-Cage The Elephant, "Trouble"